

Registration Form

Name: _____

Address: _____

Phone: _____

Email: _____

Date of Birth: _____

Best Way to Contact: _____

Class Title(s): _____

How did you hear about this program?

Registration is due the day before the first class.

Please Return Registration Forms to:

Our VOICE, Inc.

44 Merrimon Avenue, Suite 1

Asheville, NC 28801

Or Fax to: 828-252-8601

Or email all registration information to:

laurenh@ourvoicenc.org

With Our Hands:

Free Art Classes for All People Affected by Sexual Violence

In honor of Sexual Assault Awareness Month this April, non-profit organizations Our VOICE and Arts 2 People are pleased to offer free art classes to all people affected by sexual violence. All materials will be provided, and participants are encouraged (but not obligated) to participate in the 10th Annual Survivors Art Show and Auction, to be held April 2010.

Be a Supporter!

All of our classes are offered *free of charge* to anyone in the community affected by sexual violence. In order to continue to do this, we need your support! If you would like to make a tax deductible donation to our program, please mail contributions to:

Arts 2 People

PO Box 1093

Asheville, NC 28802

Or donate online at:

www.arts2people.org

With Our Hands

Free Art Classes for All People Affected by Sexual Violence



Presented by

OUR VOICE

Victims • Outreach • Intervention • Counseling • Education



2010 Class Offerings

Stitching Sacred Space

Participants are invited to create their own sacred space wall hanging from felt and fabric. This space is a canvas to set personal goals, to identify those qualities we may wish to develop, or leave behind, while visualizing the practical steps which will set us dancing to reach our goals. Materials provided; participants may bring personal fabrics or embellishments. Women only.

Instructor: Jude Lally

Dates: Fridays 2/19, 2/26, 3/5, & 3/12

Time: 1:00pm - 4:00 pm

Location: Our VOICE

44 Merrimon Ave. Suite 1, Asheville

Journey Within:

Healing through Mandalas

Mandalas are circles filled with lines, shapes, and colors that are a reflection of our inner world. We will explore the mandala's ability to heal using various mediums such as colored pencils, collage, paint, etc. The class will also integrate meditation and relaxation techniques to enhance the experience of creating mandalas. Women only; ages 15+.

Instructor: Mary Kinsey Hyche

Dates: Saturdays 2/13, 2/20, & 2/27

Time: 1:00pm - 3:00pm

Location: Our VOICE

44 Merrimon Ave. Suite 1, Asheville

Reclaiming the Self: Creative Non-Fiction -- Tell Your Own Story

Creative non-fiction unites the imagination with life experience. This four-week workshop will use in-class exercises to explore this union in a supportive setting. The focus of this class is the creative process, the act of putting pen to paper. We will experiment with various literary tools and read the works of other writers who move us. Participants will complete the workshop with a strong draft of their own story. Bring a favorite pen!

Instructor: Tamiko Murray

Dates: Saturdays 3/6, 3/13, 3/20, & 3/27

Time: 12:00pm - 2:00pm

Location: YWCA, 185 S. French Broad Ave., Asheville

Clay Vessels and Masks: A Brief

Intro to Wheel and Hand Built

Pottery

We will explore functional and sculptural clay work in this three-session clay workshop. Clay has many lessons to teach us, and in this class we will aim to create a functional piece of wheel-thrown pottery and explore the more meditative and sculptural process of hand building. Aimed at beginners, those with previous experience are welcome to come get your hands back in the clay.

Instructors: Hannah Legerton and Martha Nelson

Dates: Sundays 2/21, 2/28, & 3/7

Time: 1:00pm - 3:00pm

Location: Sally Jones Pottery Center,

Montreat Conference Center

Who We Are...

Our VOICE, Inc.

In pursuit of a community that is free from sexual violence, Our VOICE serves all individuals in Buncombe County affected by sexual assault and abuse, through counseling, advocacy and education. All services are free and confidential. 24 hour crisis line: 255-7576

www.ourvoicenc.org

Arts 2 People

The mission of Arts 2 People is empowerment through the arts. The REACH program (Responsive Education Accessing Creativity for Healing) recognizes that arts education is an essential element to a healthy community.

www.arts2people.org

For more information,
please contact:

Lauren Hickman at
Our VOICE

at
252-0562 ext. 15

or
laurenh@ourvoicenc.org